

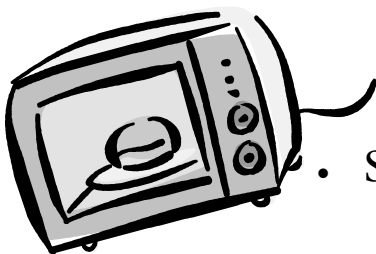
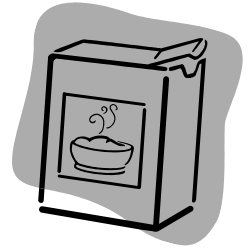
Second Harvest Food Bank of NW PA BackPack Most Needed Items

(non-refrigerated)

No home-canned foods, glass containers, unsealed or opened packages, or bulging or severely dented cans.



- 100 percent juice in single-serving unbreakable bottles, boxes or pouches
- Small boxes or bags of nutritious cereal
 - Nutritious snack/breakfast bars
 - Fruit cups
- Small boxes of raisins or dried fruit
- Microwave popcorn
- Nonperishable single-serve microwave kids meals
 - Individually packaged crackers/cookies
 - Small can of tuna
 - Pudding or Jell-O cups
- Single-serve macaroni and cheese meal



**Donations of these types of foods will help us fill back packs.
Donations may be made by individuals or from a food drive
that collects one or more of the foods suggested.**