

## HEALTH KIT

Packing sequence	Item description	Notes
1	1 one-gallon sized clear plastic bag	Must be sealable.
2	1 hand towel (15" x 25" up to 17" x 27")	NO kitchen towels – remove label
3	1 wash cloth	Remove label
4	1 comb (large and sturdy, not pocket sized)	NO children's combs. Comb should be at least 6" long. No hair picks or wide-toothed combs.
5	1 metal nail file <u>or</u> finger-nail clippers (Do NOT send <u>both</u> )	NO emery boards or toe-nail clippers.
6	1 bath-sized bar of soap (3 oz and up)	Must be in original package.
7	1 toothbrush ( <u>single</u> brush only in <u>original</u> wrapper)	NO child-sized brushes
8	6 adhesive plastic strip sterile bandages	
9	\$1.00 to purchase toothpaste	UMCOR will buy toothpaste in bulk prior to shipment – to avoid product expiration

### NOTES:

- All items must be NEW items.
- Remove all items (except soap, toothbrush, and bandages) from packaging.
- Do NOT include any personal notes, money or additional materials in the kits.

### Assembly instructions:

- Unfold hand towel and lay it flat. Place wash cloth, comb, nail file/ clippers, soap, toothbrush, and bandages on towel.
- Fold towel so that it fits long-wise in the plastic bag. Insert towel with wrapped items into the bag.
- Remove air in bag and seal for shipment.

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